



Refined, dynamised Trifloris Flower Essences

constitutional sympathetic agents



Essences with energised active plant ingredients and flower vibrations

Based on decades of experience in naturopathic practice, Bruno Vonarburg has shown in his latest works «Energised Medicinal Plants» and «Healing with Plant Essences» that herbal remedies achieve greater healing success if they are not used in opposition to each other, as in allopathy, but rather in a constitutional way, i.e. matched to the individual condition of the patient. This principle is also valid for the use of herbal remedies in the treatment of the individual condition of the patient. This principle also applies to the use of Trifloris flower essences.



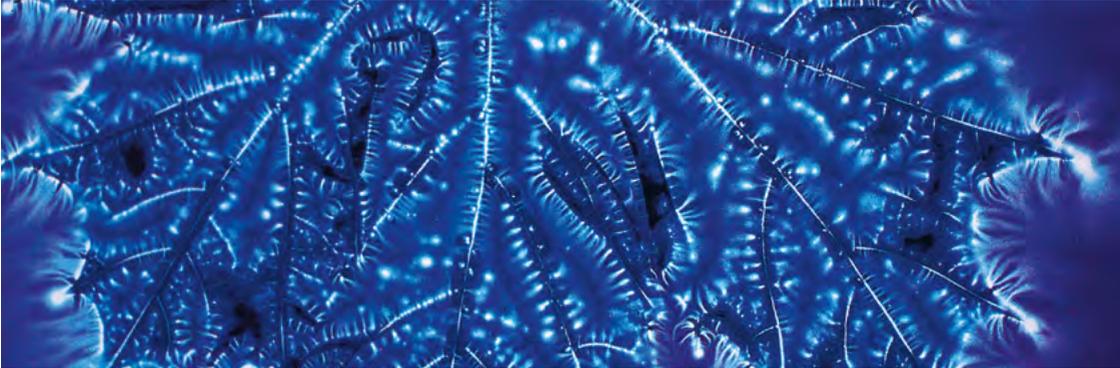
For individual remedy selection, the analogous characteristics of the patient to be treated are compared with the signatures of the medicinal plants, so that a matching, convergent prescription can be worked out. Through the comparison, the representative relationship of human being and plant with regard to the phytotherapeutic indication is recorded. As in homeopathy, this order is subject to the law of similes: «similar things are put together with similar things», or metaphorically speaking: only that medicinal plant which fits like a key into the lock of the individual complaint of the patient is considered for the indication. This procedure is called «working out the sympathetic remedy».



Material and subtle forces

A high factor for the optimal effectiveness of the sympathetic remedies is the special preparation of the herbal essences. Until now, the production of phytotherapeutic preparations concentrated only on the content of the extracted ingredients of medicinal plants; the subtle forces, the so-called cellular radiations, remained unnoticed. However, since Prof. A. Popp discovered the subtle radiation fields in living nature more than 30 years ago, the energy fields (biophotons) that permeate the cells of plants and humans have been of utmost importance. The effectiveness of medicinal plants is therefore not only based on the active substance content of their extracts, but also significantly on the light quanta in the vegetal cells. However, these subtle, invisible light quanta are destroyed during the general technical production of herbal remedies.

According to Prof. A. Popp, plants are in their origin in a superdynamic state - they are energetically charged, stretched like a string, always ready to act and react in order to coordinate the self-healing powers of the sick person with their energies. Therefore, they should not be destroyed during the preparation of herbal sympathetic remedies, but gently and carefully (without technical procedures) stored and preserved.



Trifloris Flower Essences

Trifloris flower essences are newly developed food supplements in which the subtle forces are stored as energy fields (biophotons) of the plant flor. With their signatures, mirror images can be recognised with the state of mind of people when illnesses occur, which is of decisive importance for the treatment with sympathetic remedies.

In many cases, an impending illness first announces itself with disturbances of well-being such as apathy, irritability, listlessness and many other ailments, until after a certain time physical symptoms also appear. Although the underlying pathological cause is not eliminated by the individually tailored sympathetic remedy, thanks to its high energy the Trifloris flower essence can harmonise and stabilise emotional lows or desolate moods, whereupon the progression of the complaints is remedied.

Trifloris Flower Essences Sympathetic Remedy

Specific disorders of well-being and tendencies to pathological complaints can be treated constitutionally as single remedies (sympathetic remedies) with the 93 flowering plants listed here.



For the full keyword index of well-being profiles and disease tendencies visit: www.trifloris.ch

Medicinal plant

State of being

Tendency to

Akelei

(Aquilegia vulgaris L.)

clinging
worryingly

Shock, fright,
Fear, restlessness

Alant

(Inula helenium L.)

Despondent, defenceless,
breathless

Bronchitis, COPD,
respiratory catarrh

Alfalfa

(Medicago sativa L.)

emaciated, debilitated,
emaciated

Anorexia nervosa,
Bulimia, milk deficiency

Medicinal plant

State of being

Tendency to

Anserine (<i>Potentilla anserina</i> L.)	physically, mentally, mentally tense	Cramps: menstruation, bowel
Arnika (<i>Arnica montana</i> L.)	injured, wounded, physi- cally and psychologically	Trauma, rupture, cut
Arve (<i>Pinus cembra</i> L.)	Sensitive to electrosmog, technical radiation	Sleep disorders, indisposition
Augentrost (<i>Euphrasia officinalis</i> L.)	overstimulated, visually impaired	Hay fever, Pollen allergy
Baldrian (<i>Valeriana officinalis</i> L.)	nervous, agitated, excited	Exam nerves, Stage fright
Bambus (<i>Bambusa arundinacea</i>)	Rigid, immobile	Back pain, Damage to intervertebral discs
Bärlauch (<i>Allium ursinum</i> L.)	afflicted, dull, polluted	Spring fatigue, acne, skin rash
Beifuß (<i>Artemisia vulgaris</i> L.)	hormonally disturbed, overstrained	menstrual cramps
Berberitze (<i>Berberis vulgaris</i> L.)	slagged, overacidified	Gout, uric acid diathesis, rheumatism
Berufskraut kanadisches (<i>Erigeron canadensis</i> L.)	lapsed, listless	passive menstruation, intermenstrual bleeding
Bibernelle, grosse / kleine (<i>Pimpinella major</i> L./ <i>saxifraga</i> L.)	dejected, exhausted, exhausted	Convalescence, Regeneration weakness
Birke (<i>Betula pendula</i> Roth)	lifeless, blocked, stuck	Disturbed water balance, kidney weakness
Brennnessel (<i>Urtica dioica</i> L.)	aggressive, pungent, contaminated	Skin rash, rheumatism, anaemia
Eberesche (<i>Sorbus aucuparia</i> L.)	phlegmatic, idle	congested lymph flow, Lymphoedema, Angina
Efeu (<i>Hedera helix</i> L.)	fixed, adhesive, immutable	viscous sticky secretions, inflammation of the respi- ratory tract
Eisenkraut (<i>Verbena officinalis</i> L.)	obstinate, stubborn but mimosa-like	persistent diseases with sensitive reactions
Engelwurz (<i>Angelica sylvestris</i> L.)	hypersensitive, insecure	Psychosomatic gastroin- testinal complaints
Enzian, gelber (<i>Gentiana lutea</i> L.)	indigestible, unwell, bitter	Anaemia with iron deficiency, gastro-liver complaints

Medicinal plant

State of being

Tendency to

Erdrauch (<i>Fumaria officinalis</i> L.)	choleric, resentful, quick-tempered	Gall-Liver Complaints
Faulbaum (<i>Rhamnus frangula</i> L.)	lethargic, apathetic, tired	Digestive weakness, constipation
Feigenkaktus (<i>Opuntia humifusa</i> Raf.)	depressed, distressed, outflow disturbed	Prostate adenoma, Urinary incontinence
Frauenmantel (<i>Alchemilla xanthochlora</i> S. Str.)	despondent, defenceless, unprotected, trauma	Weakness of the feminine reproductive organs
Gänseblümchen (<i>Bellis perennis</i> L.)	bent, lapsed, depressed	blunt trauma, Bruises of the mammae
Ginkgo (<i>Bambusa arundinacea</i>)	dazed, confused, forgetful	mental health problems
Goldrute (<i>Solidago virgaurea</i> L.)	behaviour, blocked, segregated	Urinary retention, weak kidney function
Gundelrebe (<i>Glechoma herderacea</i> L.)	ailing, poisoned, inflam- matory	Sinusitis, otitis, rhinitis, bronchitis, cystitis
Hauhechel (<i>Ononis spinosa</i> L.)	accumulated, compacted, jammed	uric acid diathesis, Rheumatism, oedema
Herzgespann (<i>Leonurus cardiaca</i> L.)	Overstrained, stressed, oversensitive	Cardiac neurosis without pathological findings
Hirtentäschchen (<i>Capsella bursa pastoris</i> .L)	Hectic, exhausted, worn out	dark menstruation, intesti- nal peristaltic weakness
Holunder, schwarzer (<i>Sambucus nigra</i> L.)	dried out, scrawny, emaciated	Dry respiratory infections, sniffles
Hopfen (<i>Humulus lupulus</i> L.)	overzealous, stressed, degenerate	Stress, insomnia, Overload
Huflattich (<i>Tussilago farfara</i> L.)	saddened, coughing, blowing	Cough, catarrh, Spring fatigue
Immergrün (<i>Vinca minor</i> L.)	lapsed, confused, unfocused	senile weakness, cerebral perfusion
Johanniskraut (<i>Hypericum perforatum</i> L.)	depressed, saddened, melancholic	Mood swing, nerve injury
Kamille (<i>Matricaria recutita</i> L.)	painful, grumpy, grumpy	Otitis, dentition, Inflammations
Kermesbeere (<i>Phytolacca decandra</i> L.)	Emotionless, numb, apathetic	Angina, tonsillitis, Rheumatism, breastfeeding

Medicinal plant

State of being

Tendency to

Khella (<i>Ammi visnaga Lam.</i>)	cramped, constricted, tense	Bronchitis, asthma, Old age heart, heart disease
Klette (<i>Arctium lappa L.</i>)	dislocated	Flaccid joints, Hernia, prolapse
Königskerze grossblütige (<i>Verbascum densiflorum Bertol.</i>)	buttoned up, locked, scratchy, hollow	Hoarseness, catarrh, Bronchitis, neuralgia
Lärche (<i>Larix decidua Mill.</i>)	discouraged, resigned, demoralised	Tick bite, Lyme disease, sciatica
Lavendel (<i>Lavandula Stoechas L.</i>)	Dazed mentally, tired in the head	Weather sensitivity, Headache, migraine
Linde (<i>Tilia cordata Miller</i>)	reserved, restrained, cautious	sleepless children, Irritable cough, fever
Löwenzahn (<i>Taraxacum officinale Weber</i>)	polluted, slagged, poisoned	Therapy blockages, Metabolism blocked
Lungenkraut (<i>Pulmonaria officinalis L.</i>)	short of breath, breathless	COPD, bronchitis, Lung catarrh
Malve/ Stockrose (<i>Alcea rosea L.</i>)	thin-skinned, unprotected, sensitive	Hay fever, allergic mucous membrane
Mammutbaum (<i>Sequoiadendron giganteum Lindl</i>)	exhausted, decrepit, decrepit, lacking energy	Loss of strength, Loss of power
Mariendistel (<i>Silybum marianum Gaertn.</i>)	overactive, ill-tempered, toxic	Liver weakness, Fat metabolism
Mäusedorn (<i>Ruscus aculeatus L.</i>)	unrestrained, poisonous, angry, grumpy	Capillary circulation, Spider veins, couperose
Meisterwurz (<i>Peucedanum ostruthium Koch</i>)	unresistant, susceptible to disease	Uterine catarrh, Infections, inflammations
Melisse (<i>Melissa officinalis L.</i>)	Tense, unwell, overstimulated	Rumour Hero Syndrome, Herpes, Neurasthenia
Goldmelisse (<i>Monarda didyma L.</i>)	insecure, indisposed, inhibited	Puberty disorders after menarche
Kalifornischer Mohn (<i>Eschscholtzia californica Chamisso</i>)	rhythm disturbed on light and dark	Insomnia, pineal gland disturbed
Schlafmohn (<i>Papaver somniferum L.</i>)	sensitive to noise, jumpy, restless	Insomnia, nightmares
Mönchspfeffer (<i>Vitex agnus castus L.</i>)	irritable, bad-tempered, bad-tempered	Menstrual abnormalities, PMS, hormonal imbalances

Medicinal plant

State of being

Tendency to

Mutterkraut (<i>Tanacetum parthenium</i> Schultz-Bip.)	digressive, loquacious	Migraine, crampy menses with headache
Pappel, Schwarz (<i>Populus nigra</i> L.)	anxiously excited agitated	Irritable bladder, cystitis, Prostatitis, Nephritis
Pestwurz (<i>Petasites hybridus</i> L.)	cramped, tense, congested	Headache, spasms, buz- zing head
Quendel (<i>Thymus pulegioides</i> L.)	defenceless, feeble, dull, infectious	Flu protection, influenza, immunodeficiency
Ringelblume (<i>Calendula arvensis</i> L.)	injured, cut	Laceration and cut trau- ma, sepsis, inflammation
Roskastanie (<i>Aesculus hippocastanum</i> L.)	unstable, powerless, cumbersome	Varicose veins, stenosis, haemorrhoids, angina
Rotklee (<i>Trifolium pratense</i> L.)	anxious, despondent, fearful	Menopause with heat, hormonal disorders
Salbei (<i>Salvia officinalis</i> L.)	passive, idle, apathetic	Sweating, night sweats, gastritis, aphthae, mycosis
Sauerklee (<i>Oxalis acetosella</i> L.)	darkened, sourish	Heartburn, thrush, lymphatic weakness
Schachtelhalm (<i>Equisetum arvense</i> L.)	unstable, yielding, frail	Back pain, connective tissue weakness
Schafgarbe (<i>Achillea millefolium</i> L.)	fickle, destable, contami- nated	disturbed menstruation, haemorrhage
Schlüsselblume (<i>Primula veris</i> L.)	congested, breathless, susceptible to disease	Sinusitis, Bronchitis, cold
Schneeball, gemeiner (<i>Viburnum opulus</i> L.)	restless, excited, confused	Menstrual pain, Dysmenorrhoea
Schöllkraut (<i>Chelidonium majus</i> L.)	unbalanced, unrestrained	Bile complaints, Liver metabolism
Seifenkraut (<i>Saponaria officinalis</i> L.)	defiled, sullied	viscous secretions respira- tory tract, pustule, boil
Sonnenhut, purpurroter (<i>Echinacea purpurea</i> Moench)	ailing, prone to illness	Immunodeficiency, Flu, Cold
Spierstaude (<i>Filipendula ulmaria</i> Maxim.)	pain- cold- sensitive to moisture	Rheumatism, sciatica, Lumbago, Neuralgia
Steinbrech, Trauben- (<i>Saxifraga paniculata</i> L.)	frail, battered	Osteoporosis, Arthrose

Medicinal plant

State of being

Tendency to

Stiefmütterchen, Acker-
(*Viola tricolor* S. Str.)

inconsolable, sensitive

Skin rash, acne, cradle cap, eczema

Storchschnabel, echter
(*Geranium robertianum* L.)

procrastinating, unmotivated, apathetic

Dermatitis, eczema, colitis

Tausendgüldenkraut
(*Centaureum erythraea* Rafn.)

impressionable, will-less

Appetite disorders, Stomach weakness

Tormentill, Blutwurz
(*Potentilla erecta* L.)

flooding, agitated, inflammable

Diarrhoea, colitis, Periodontitis

Traubensilberkerze
(*Actaea racemosa* L.)

Excited, anxious, worried

Menopause, neck pain, menstrual abnormalities

Vergissmeinnicht, Acker-
(*Myosotis arvensis* Hill.)

unrelated, bloated

Lymphatic weakness (children), bronchitis, tonsillitis

Waldmeister
(*Asperula odorata* L.)

mentally dazed, confused

Difficulty falling asleep, Headache, migraine

Wallwurz, Beinwell
(*Symphytum officinale* L.)

broken, degenerated, worn out

Osteoarthritis, fractures, Spondylosis, contusion

Wasserdost
(*Eupatorium cannabinum* L.)

battered, exhausted, thrashed

Flu, cold, Trauma, jet lag

Wegerich, Spitzwegerich
(*Plantago lanceolata* L.)

discouraged, hopeless, dejected

Cough, bronchitis, gastric ferment weakness

Wegerich, Breitwegerich
(*Plantago major* L.)

homesick, weakened

Bedwetting, bladder sphincter weakness

Wegwarte
(*Cichorium intybus* L.)

sensitive, dreamy, disappointed

ADHD in children, Fat deposits

Weide, Silberweide
(*Salix alba* L.)

hot-tempered, grumpy, immobile

Rheumatism, limb stiffness, Movement inhibition

Weinraute
(*Ruta graveolens* L.)

thin-skinned, vulnerable, battered

Tennis elbow, bursitis, hay fever, inflammation

Weißdorn, zweigrifflige
(*Crataegus laevigata* D. C.)

prickly, vulnerable, weakened

Heart failure, Heart problems

Wermut
(*Artemisia absinthium* L.)

resigned, hopeless, bitter

Stomach complaints, Travel sickness

Wolfstrapp, europäischer
(*Lycopus europaeus* L.)

overexcited, agitated, agitated

Hyperthyroidism, nervousness, restlessness

Yamswurzel, zottige
(*Dioscorea villosa* L.)

reserved, secluding, irritable

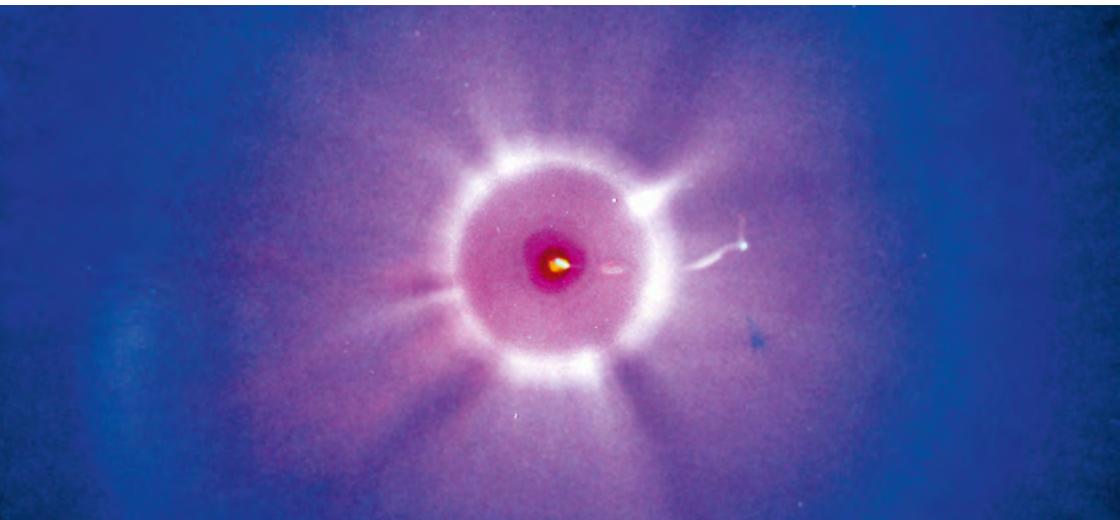
Menopausal symptoms, hormonal disorders

Use of the Trifloris Trio Flower Essences:

Adults take 5 drops diluted in a little water (half a liqueur glass) 3 times a day before meals; schoolchildren take 3 drops each time and infants from the third month of life take 1 drop. In acute conditions, the essence can be taken half-hourly or hourly for 1 day until improvement.

High ethereal biophoton radiation

The colourplate image (according to Dr. Dieter Knapp Javea) of a drop of arnica flower essence makes it visible that through the gentle, soft processing of the flowering plants, the radiation field (biophoton radiation - as represented by means of Kirlian photography in advance) is retained without restriction.



Trifloris flower essences in the trade

The Trifloris flower essences listed in this article as single remedies or compositions of three are classified as NEM (food supplements) under the name Trifloris flower essences and are available over-the-counter for those interested in naturopathy, nature shops, health food shops, therapists, masseurs, midwives, health food shops, drugstores, pharmacists, alternative practitioners, homeopaths and doctors.



Book recommendation «Praxishandbuch Medicinal plantn - Signaturen und Heilkunde mit Blütenessenzen»



This novel book shows that when illnesses occur, not only the alleviation of physical complaints, but also the improvement and regeneration of the mental state play a major role in the healing process.

Many years of experience of the well-known naturopath and book author Bruno Vonarburg testify that the combined treatment by means of fine-material vibrational potentials of flower essences trigger a health booster effect. The self-healing powers are sustainably activated, whereby the healing process is built up from within - from that emotional level where many illnesses begin.

Around 93 Medicinal plantn flowers (including exclusive ones such as: Swiss stone pine, larch, redwood, wood sorrel, grape saxifrage, etc.) are presented for practical experience in this book. Over 200 photographs make this advanced work a feast for the eyes.

The modern guide to vitalising flowering plants

Home pharmacy with the 14 most important Trifloris essences



Use of the Trifloris essences

Adults:

Take 5 drops diluted in a little water 3 times a day approx. 5 minutes before meals. In acute conditions, 3 drops diluted in a little water can be taken hourly until improvement (after approx. one day).

Schoolchildren:

Take 3 drops diluted in a little water 3 times a day approx. 5 minutes before meals. In acute conditions, 2 drops diluted in a little water can be taken hourly until improvement (after approx. one day).

Infants:

Take 1 drop 3 times daily diluted in a little water about 5 minutes before meals. In acute conditions, 1 drop diluted in a little water can be taken hourly until improvement (after approx. one day).



flowering black poplars



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